upon women in the bible. One is: "She was fair to look upon." And the other: "She loved much."

It's not such a hard thing to accomplish—this making one's self "fair to look upon," but the trouble with most of us is that we love too much—we love too much our ease.

There is no reason why the woman of forty should not be as graceful a dancer as her daughter of twenty.

The actress, May Robson, always was advising me "whatever you do, Idah, don't get the middle-aged spread." It is not necessary to do this if you will walk a great deal on the balls of your feet and sit straight.

I have walked on an average of from 4 to 10 miles a day for 20 years. My health is perfect.

I do not attribute it wholly to walking, but I know that without walking I would not be as gloriously healthy as I am and I also know that no woman in ill health was ever "fair to look upon."

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"WE'LL TELEPHONE TO STARS!" DECLARES SCIENTIST NIKOLA TESLA

BY HARRY PAYNE BURTON

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New York, Oct. 13.—The future of the transmission of the human voice will not be confined to this planet but will be projected through the ether until its vibrations strike all the other planets that swung dizzily in space!

This authorized statement, of far greater importance than the amazing event which occasioned it, was unequivocally made today by the world-famous scientist and discoverer of the wireless principle, Nikola Tesla.

The distinguished inventor gave it exclusively to The Day Book as the direct result of the announcement by the United States navy department that its experts had recently succeeded in projecting the human voice by wireless from Arlington, Va., to Mare Island, Cal., a distance of 4,000 miles.

"This, in itself, was, of course, a brilliant experiment," declared Tesla, "and the experts are entitled to a great credit, but believe me when I say it is only the beginning.

"Very soon it will be possible for us to see each other at distances of thousands of miles; we shall be enabled to hear an opera, sermon or scientific lecture, and be visually present in all kinds of meetings and transactions, wherever they may be taking place, and without regard to where we ourselves happen to be at the time.

"This will become a daily business experience, not only to transmit with unerring precision a signature to an important document, but enable the recipient in a distant country to see it affixed by the sender.

"But the greatest and most revolutionary of all these advances on earth will be the transmission of electrical energy in large amounts for all industrial purposes. Once a power plant is in operation it will be possible to operate flying machines in any part of the world without fuel, and light isolated homes in an ideally simple and economical manner!

"When world wireless telephony, the transport of bodies and materials and the transmission of energy for all industrial and commercial purposes become facts, the earth will have shrunken in size so as to put nations in close touch and make international complications and wars an impossibility!

"It is already practicable to project from a machine made by man, electrical impulses of such intensity as to effect other planets," said Tesla. "There is no difficulty in producing a machine which would cause a disturbance on Venus or Mars, sufficient for any expert, if he exists there, to detect.